

Eco-Bodhisattva Prayers and Creative Questions for the Twenty-first Century

Adapted from many sources by Dennis Rivers -- May 2011



Rainbow Bodhisattva -- a contemporary interpretation of the bodhisattva ideal combined painting and sculpture in Tibet by Vijali Hamilton (www.worldwheel.org)

With every breath...

with every step...

with every dream...

with every lifetime...

I open my life more deeply to infinite well-being

I open my life more deeply to beautiful aliveness

I open my life more deeply to radiant compassion

I open my life to see more deeply into the heart of everything and everyone around me

I open my life more deeply to the creative unfolding of all my abilities

With every breath...
with every step...
with every dream...
with every lifetime...

I deepen my commitment to respect, nurture and awaken
the well-being of all people and all sentient creatures,
I deepen my commitment to respect, nurture and awaken
the beautiful aliveness unfolding in everyone and everything
I deepen my commitment to respect, nurture and awaken
the radiant compassion yearning to be born in all my brothers and sisters
I deepen my commitment to respect, nurture and awaken
the capacity for transformative understanding in all my sisters and brothers
I deepen my commitment to respect, nurture and awaken
the creative unfolding and full development
of all my brothers and sisters.

Creative Questions for an Awakening Life (adapted from the work of Vijali Hamilton)

1. What kinds of beautiful aliveness is life/Earth/the universe wanting to express through me and my unique life? today... this year... this lifetime
2. What stands in the way, both inside and outside of me, of my expressing more of that beautiful aliveness?
3. How can I, and how will I, transform those opposing forces or situations, through a creative engagement which includes listening, dialogue, opening-to-learn-from and forgiveness?
4. How can I, and how will I, nurture the beautiful aliveness growing in everyone?
5. How can I, and how will I, nurture the web of life that sustains us?

For more information on the process of creative questioning, see "Self-Awareness and Exploratory Self Questioning" at http://www.newconversations.net/pdf/geometry_of_dialogue_chapter8.pdf